



# DEPEND

**Issue 21  
Spring  
2007**

**An occasional Newsletter published by  
Dinas Powys Voluntary Concern**

## **GŴYL GERDD DINAS POWYS MUSIC FESTIVAL 2007**

**Sunday, 24 June -  
Sunday, 1 July**

**Featuring**

**Rebecca Evans  
Cantorion Ardwyn Singers  
Catrin Finch  
Jazz News Big Band  
Chamber Orchestra of Wales  
Bethesda Community Choir  
Keith Little Jazz Band**

**See Page 5!**

## **VILLAGE SHOW PARISH HALL**

**2.00 pm  
Saturday**

**1 September 2007**

**Refreshments  
Entertainment**

**See Page 4 for more!**

### **WILL YOU BE OUR SPONSOR?**

It is only through the help and support of individual and corporate sponsors that we can continue to produce this community newsletter. If you would like to sponsor DEPEND please contact Joanne Bransfield at the Community Resource Centre office on 029 2051 3700 or email [dpvc@waitrose.com](mailto:dpvc@waitrose.com) We will, of course, acknowledge the support given by our sponsors.

## **DINAS POWYS LOCAL HISTORY EXHIBITION IN SEPTEMBER**

Dinas Powys Voluntary Concern and the Local History Society are jointly organising an exhibition of documents, photographs and mementoes to illustrate the history of Dinas Powys Past as their contribution to the celebration of the centenary of Dinas Powys Parish Hall. This will be open to the public on Saturday 29<sup>th</sup> September, in the Parish Hall itself.

Both groups would be very pleased to hear from residents who are able to provide any information and are willing to lend any photographs, postcards or mementoes for the exhibition illustrating past life in Dinas Powys. Their items would be well looked after and the owners could be present to display and look after their treasures on the day.

Alternatively, any precious documents could be photographed for display. We would also be interested in hearing from churches, societies, organisations and sports clubs who wish to display their history.



**The Square, Dinas Powys c 1955**

Parish Council Minutes record that presentations, (eg decorated mugs and handkerchiefs) were made to schoolchildren and other groups in the last century during village celebrations for Coronations and the ending of the First and Second World Wars. We would be pleased to hear from any recipients or heirs who still have them.

If you can help, please contact Joan Andrews, Hon Sec DPVC at the Resource Centre 20513700 (9.30-12.30 pm); or Betty Williams, Secretary, Local History Society, 20513524; or Jean Roderick, Vice Chair Local History Society, 20512581.

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## EDITORIAL

Over the next few months, there are many exciting events taking place in our Village that will entertain and be of interest to all - the Music Festival, the Village Show, celebrations for the centenary of the Parish Hall - to mention but just a few. All of these events, as well as other organisations such as the Civic Trust, Penarth and District Stroke Support Group and Dinas Powys Voluntary Concern itself, are dependent for their existence upon the work, freely given, by volunteers.

However, it is getting more and more difficult for some organisations to survive because of the shortage of people who can give some of their time to help others. Pressures of work, family, and sheer lack of time often make people reluctant to commit themselves to being volunteers. Without those who are prepared to commit some of their time and effort for others some of the activities in our village, such as Scouts, Guides and Brownies, and even Sunday Schools, could cease to exist and the life of our village would be badly affected.

If YOU feel that you have something to offer to the community, do consider putting yourself forward. Often those who do find that they have qualities, skills and knowledge that they had not realised would be valued by charities and other groups and find that they, themselves, get tremendous satisfaction from working with other volunteers. It is a two way process! Why not take the plunge and put yourself forward!

## PLEASE NOTE

### COMMUNITY DIRECTORY

Would you please inform the DPVC Coordinator in **writing** of any changes to the Community Directory as soon as possible.

**DEPEND** is published by Dinas Powys Voluntary Concern.

Articles for inclusion in future editions should be sent to:

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## PENARTH & DISTRICT STROKE SUPPORT GROUP URGES PEOPLE OF CARDIFF & THE VALE NOT TO GAMBLE WITH STROKE

On 10<sup>th</sup> May, in support of European Stroke Prevention Day, the **Penarth & District Stroke Support Group** urged people in Cardiff and the Vale of Glamorgan not to gamble with the UK's third biggest killer - stroke - and take the following steps to reduce their risk.

### Have your blood pressure tested regularly

High blood pressure is the single biggest risk factor for stroke and it can often be present without any physical symptoms. Consult your GP to have your blood pressure checked.

### Stop Smoking

This can cut your risk of stroke in half. Smoking causes the arteries to furl up and makes the blood more likely to clot. This increases the risk of a stroke. Contact your GP or the NHS Quit line (0800 00 22 00)

### Enjoy alcohol in moderation

Drinking too much alcohol raises blood pressure. Binge drinking (drinking more than 6 units in six hours) is particularly dangerous as it can cause blood pressure to soar.

### Have a healthy diet

Healthy eating is essential for a healthy blood stream. Salt raises blood pressure. Do not add salt to your food and avoid processed foods which contain a lot of salt.

### Exercise regularly!

Regular physical activity helps to lower blood pressure, creates a healthy balance of blood fats and improves the body's ability to handle insulin. Insulin is a hormone produced by

the pancreas and controls the amount of sugar in the blood by moving it into the cells, where it can be used by the body for energy.

Joe Korner, Director of Communications for **The Stroke Association** comments: "Around 150,000 people a year will have a stroke. Stroke is the UK's third biggest killer and the leading cause of adult disability; but a third of all strokes could be prevented by taking measures to control high blood pressure - the single biggest risk factor for stroke. It is vital that people have their blood pressure tested regularly and, if necessary, take their doctor's advice on reducing their blood pressure: this may involve the use of medication."

Penny Ann Evans, Secretary of the Penarth & District Stroke Support Group, concludes that "Stroke is a devastating condition and we are here to support people in this part of Cardiff and the Vale to rebuild their lives following a stroke.

Whilst our support will always be here, we would nevertheless prefer to see fewer people sustaining strokes.

**Strokes can be prevented - please do not take the gamble."**

**For further information please contact the Hon. Secretary of the local Support Group on 02920 512105 or Media Team at the Stroke Association on 020 7566 1500 or e-mail [press@stroke.org.uk](mailto:press@stroke.org.uk)**

# PACT

## Partnership and Communities

Most people would probably agree that it is desirable to have good relationships within our community so that problems may be resolved together without confrontation.

PACT (Partnership and Communities Together), a South Wales Police initiative, is a way for communities and the police to meet and talk, as a means of resolving issues facing us and other communities across Wales.

Open meetings, which John Walker and I have been asked to chair, are held at regular intervals, followed by executive meetings in which the issues raised are allocated to the person or organization most able to respond, the result then being presented at the next meeting.

Issues of youth annoyance, parking and road safety, litter and the railway have been raised lately, and new matters of concern can be raised at the open meetings.

The aim of PACT is to improve life in our community, catering for all ages. There are concerns, we know, about the youth work at Murchfield as there were when the work was based at Wesley Court. We need to provide opportunities for young people for recreation and learning while ameliorating potential annoyance problems for those living in the vicinity.

We all need to work together in our community, to form a partnership to try to resolve any issues which may arise. Please play your part and help PACT in its efforts to build a better Dinas Powys.

Rev Graeme Halls

### SOME DATES FOR YOUR DIARY

Thurs 12 & Fri 13 June 2007  
**Sunday, 24 June -**  
**Sunday, 1 July 2007**  
 Sat 1 Sept 2007, 2.00 pm  
**Fri 7 Sept 2007, 7.00 pm**

Fri 28 & Sat 29 Sept 2007  
 Parish Hall  
**Sat 6 and Sun 7 Oct 2007**  
 Saturday, 13 Oct 2007

**Saturday, 3 Nov 2007**  
 Saturday, 24 Nov 2007  
**Sat 1 Dec 2007 12.30 pm**

Concert, St Andrew's Primary School, Evenings Parish Hall  
**Dinas Powys Music Festival 2007, Parish and Lee Halls**  
*See Page 5 for details*

Dinas Powys Village Show, Parish and Lee Halls (see page 4)  
**Teenage Cancer Trust Evening, Parish Hall**  
*(Ms L Cowpe 07790909023)*

Dinas Powys Local History Exhibition  
 Dinas Powys Voluntary Concern & Local History Society  
**Film Shows in the Parish Hall**

Concert, Dinas Powys Branch of the Royal British Legion  
 Parish Hall

**RNLI Breakfast, 8.30 am—12.30 am, Lee Hall**

St Andrew Major Autumn Fayre, Parish & Lee Halls 2.00 pm

**Tenovus Christmas Lunch, Parish Hall Details:029 2051 4001**

### DINAS POWYS and MICHAELSTON-LE-PIT CIVIC SOCIETY

#### MINUTES OF AGM 18 APRIL 2007.

This was held in the Scout Hall, Dinas Powys

1. Apologies for absence from Dr P M Smith, Mrs M Randall & Mrs S Jones were received by the acting chairperson Mrs Miriam Evans who welcomed all members present

2. There were no minutes from the 2006 AGM available but it was remembered that Dr H Jones chairman and R Hird and M Watkins, Hon Secretary and Treasurer respectively had tendered their resignations at that meeting and were not replaced. The committee formed at that time who continued to meet to discuss the future of the Society consisted of Dr M Elmes, Mrs M Evans, Mrs V Hartrey, Mr E Jenkins, Mr H Jones, Mr D Matthews, Dr P Smith and Mrs M Watkins. This committee appointed Mrs M Evans as acting chairperson, Mrs Watkins as acting treasurer and Mrs V Hartrey for publicity.

3. Mrs Evans outlined the activities of the committee which had spent a considerable time discussing the future of the Society which could not continue without a chairperson and treasurer, both of whom had tendered their resignations. The main problem was the society's previous social programme which the former committee felt unable to continue without new members as although all members had been informed of the situation by letter and in the local press no volunteers had come forward. The society must continue to administer the substantial funds remaining from the sale of Dinas Powys Castle and notices asking for applications from bodies needing grants had been placed around the village and in local papers with a very poor response.

To clarify the situation Dr Elmes proposed, seconded by Mr D Matthews, that the future activities of the society should be confined to dispensing the money available in grants to worthy projects within Dinas Powys and monitoring planning applica-

tions. This motion was rejected.

Mr D Matthews was then proposed and appointed chairman, Mr H Jones as treasurer and the following as committee members;

Dr M Elmes, Mrs V Hartrey, Mr R Gee. Dr Elmes to be the minutes secretary.

Mrs Joy Jones proposed that the Social activities should continue with a minimum of two meetings per annum, one being the AGM, this was seconded by Mrs V Hartrey and passed nem con. Mr Gee offered to organise these social meetings.

4. Membership and subscriptions.

Subscriptions had not been collected in 2006/7 year and it was agreed that a subscription must be paid to ensure that only members had a vote at meetings especially where disbursement of funds was to be decided. This subscription is to be £5 per person per annum after a vote was taken, subscriptions to be payable at once and many members paid then and there. There was still to be a £1 sub at each meeting to cover hall and refreshment costs.

Financial Report

An outline statement indicated that the society had approximately £20,000 in bank accounts.

AOB

There had been several applications for grants which will be considered by the new committee. An application from St Peter's Church Hall for a piano had been granted with donation of a piano from Dr Elmes with the society paying for removal and installation.

Mr D Southall proposed that local schools be invited to become associated members and this will be considered after discussion by the committee.

Members were asked to sign an attendance list from which a membership list can be made.

There being no other business the meeting ended with refreshments

Margaret Elmes

# DINAS POWYS VILLAGE SHOW

## 1 SEPTEMBER 2007

Last year's Dinas Powys Village Show was as successful as ever. Unfortunately poor weather conditions meant that outdoor attractions had to be brought inside. However, the Ecumenical Seven enjoyed playing on the Parish Hall balcony (a first) and the Punch and Judy performances played to a thrilled crowd of youngsters sitting on the floor of the Lee Hall - there was a livelier background to the excellent Women's Institute teas than in previous years! We hope that for this year's Village Show on 1 September there will be a return to our usual fine weather.

Although total entries in some Classes were a little down, the quality and variety were extremely good. We hope that by introducing new categories this year - we have had very good suggestions from competitors and judges - the numbers will rise again.

This year in the Schedule you will find new categories as well as old favourites and those more recently introduced. The Committee is already hard at work (great fun really!) preparing for the Show which is now firmly established as a major event in the life of Dinas Powys.

The Classes will be confirmed very

soon and the full schedule will be available in several outlets in the Village towards the end of July. Posters in the shops will remind you! There will be over 90 Classes including Cookery and Winemaking, Fruit and Vegetables, Floral Art, Home Produce, Needlecrafts, Craftwork and Photography. Meanwhile, it is recognised that the three latter Classes and garden produce need time for preparation so details may be obtained from the Chairman, Val Hartrey, on 029 2051 3274.

This year's Show will be held on Saturday 1<sup>st</sup> September in the Parish and Lee Halls. Attractions will include Punch and Judy, face-painting, balloon modelling and musical entertainment - a fun-packed afternoon for all the family!



**Fruit and Vegetables on show in 2006**



**Dr Haydn Jones at the 2006 Show - or is this an imposter?**

Dr Haydn Jones  
Bernard McParlin Cup for Photography: Mollie Arbutnot  
Dell Smith Cup for Nursery classes: A J Jones and Moses West

J Brockhurst Cup for Reception classes: Kimberley Dunscombe



**Children's Entries in 2006**

Aquarius Cup for Years 1 and 2: Rebekah West

Dinas Powys & St. Andrews Morning W I Cup for Years 3 and 4: Rebecca Thompson and Catrin Haf Jones

St. Cyres Cup for Years 5 and 6: Kane Redclift, Elizabeth Rose Senior and Chelsea Dean

Women's Institute Plate for Highest number of Points in Show: Mr Cecil Townsend

The Cup Winners in 2006 were:

British Gas Wales Cup for Cookery, Baking and Preserving: Mrs Elaine Walsh

Harry Phillips Plate for Fruit and Vegetables: Mr Cecil Townsend

Dinas Powys Garden Society Cup for Flowers, Shrubs and Houseplants: Mrs Christine Smith and Mrs Val Hartrey

Randell Rose Bowl for Floral Art: Mrs Silvia Thompson

National Westminster Cup for Needlecrafts: Mrs Ann Evans

D Hampton-Jeffery Cup for Painting and Drawing: Ms Rachel Collis

Dinas Powys CC Cup for Craftwork:

The Show committee would like to thank all those who entered the Show last year and congratulate the Class and Cup Winners and hope that you will all enter again next year. Please return your trophy by the end of July as some need to be re-silvered. To all those who came last year, we hope that it has inspired many of you to have a go!



# GŴYL GERDD DINAS POWYS MUSIC FESTIVAL 2007

Sunday, 24 June 2007 – Sunday, 1 July

The seventh Dinas Powys Music Festival 2007 will open on **Sunday 24 July at 7.30 pm in the Parish Hall** with a **Gala Opening Event** by the renowned international opera singer **Rebecca Evans**, with the **Ardwyn Singers**. The Festival was established in 2000 in order to allow more people to hear professional musicians in our community, and has been growing in popularity every year. This year the festival, sponsored by Creative Rural Communities, HSBC, Salvi Harps, The Arts Council of Wales, The Vale of Glamorgan Council, Dinas Powys Community Council, and Antena Productions, will feature four major concerts – all held in the Parish Hall, Britway Road - as well as a free afternoon concert for local schoolchildren (featuring harpist Catrin Finch) and a lunchtime recital for senior citizens. The Festival will close on Sunday 1 July with the ever-popular lunchtime jazz in the Lee Hall with the Keith Little Band.

**Rebecca Evans** was born in Pontrhydyfen near Neath (the same village as Richard Burton) but now lives in Penarth. She studied at the Guildhall School of Music and Drama at the same time as Bryn Terfel. She was Young Welsh Singer of the Year 1989. Rebecca has performed regularly at the Welsh National Opera; the Royal Opera



**Rebecca Evans**

House, Covent Garden and Bayerische Staatsoper, Munich. She has established a major operatic career in America where she has sung Susanna (*Le Nozze di Figaro*) for the Santa Fe Opera; Adele (*Die Fledermaus*) for the Chicago Lyric Opera; Zerlina (*Don Giovanni*), Ann Trulove (*The Rake's Progress*) and Adina (*L'elisir d'amore*) for San Francisco Opera; and both Susanna and Zerlina for the Metropolitan Opera, New York.

As a concert singer, she has appeared at the BBC Proms and the Edinburgh Festival; at a Gala Concert to celebrate the opening of the Welsh Assembly in the presence of the Queen and the Prince of Wales; and in Bremen with Andrea Bocelli and the London Philharmonic Orchestra. She has also sung Belinda in the BBC film of *Dido and Aeneas* and hosted the BBC television series *A Touch of Classics* with the BBC National Orchestra of Wales. Rebecca is an Honorary Fellow of the Royal Welsh College of Music and Drama and was awarded a Honorary Degree, Doctor of Music, from the University of Glamorgan in 1997.

**Cardiff Ardwyn Singers** have become a formidable choral force on the National and world stage. Their Musical Director, David Leggett, succeeded Helena Braithwaite MBE in 2005 and, at Easter 2007, took the choir to Majorca where they sang in Palma Cathedral.

The choir has performed with some of the world's leading orchestras, conductors and soloists, notably Bryn Terfel, Luciano Pavarotti and Dame Kiri Te Kanawa. The choir has toured widely in the USA, Canada, Ireland, Malta, Germany, Hungary, Barbados and South Africa in the world's finest cathedrals and concert halls. The Ardwyn Singers represented Britain in the Commonwealth Arts Festival in Edmonton Canada, and prior to this, sang for H M Queen Elizabeth II in Westminster Abbey. The choir has made many televi-

sion, radio and commercial recordings. Acclaimed for its extraordinary musical and artistic quality, the choir is noted for what has become known as the 'Ardwyn Sound', created by a blend of experience and youth. Their repertoire is wide, ranging from Renaissance to 20th Century music and includes both Welsh and International folk songs. Tickets for this concert will cost £12. Former royal harpist **Catrin Finch** will perform a free concert for Vale of Glamorgan school-children on **Wednesday afternoon 27 June**. Catrin is regarded as one of the



world's leading players of this most Welsh of instruments and was the Prince of Wales' Royal Harpist from 2000 - 2004. At the turn of the millennium, Catrin won the Young Concert Artist's prize which brought with it three years of support and representation in the United States and further afield. Soon after, in March 2000, she made her debut at London's Wigmore Hall. Catrin has performed across America and much of Europe as well as in Thailand and the Far East and she has also won first prize in one of the most prestigious harp competitions in the world, the Lily Laskine International Harp Competition. Catrin has worked closely with distinguished Welsh composer Karl Jenkins who arranged and composed a range of works for her for release on the Sony Classical label in 2003. On **Wednesday 27 June, at 7.30**

pm **"Jazz News" Big Band** will perform in the **Parish Hall**. This, the big band of Cardiff County and the Vale of Glamorgan Music Service, is a thriving ensemble featuring talented instrumentalists, mainly between the ages of 13 and 17. Their standard is high and for the past four years they have performed at the Welsh BAFTA awards. The band performs annually at St David's Hall, Cardiff City Hall and UWIC Concert Hall and are always developing and widening their repertoire. There are at present 28 active members including a rhythm section – bass guitar, lead guitar and percussion – and feature talented vocalists drawn from the County's prestigious Youth Choir. The current vocalist is 15 year old Zoe Leggett, a regular prize winner in local and regional voice competitions. Tickets will cost £4.

On **Friday afternoon 29 June** there will be a free concert for **Senior Citizens**

On **Friday 29 June at 8.00 pm in the Parish Hall** there will be an Orchestra Concert, **"Summer Classics by Candlelight"**, by the **Chamber Orchestra of Wales** - one of the Principality's foremost Independent Orchestras, conductor Alwyn Humphreys. The orchestra is based in Swansea. In the short time it has been in existence, the Orchestra has completed numerous television series for the BBC, BBC CHOICE, HTV and S4C. There have been concert and televised performances at major venues throughout the country including the Brangwyn Hall in Swansea, St David's Hall and International Arena in Cardiff, and the Royal Albert Hall in London.

The Chamber Orchestra of Wales has participated in many "Classic Spectaculars", including one in the presence of President Carter of the USA, and is the resident orchestra in the Classical Fanfare Celebrity Outdoor Concert Series, giving dozens of performances in stately homes and castles all over the U K in the summer months.

Equally at home in the studio, on the concert platform, or in the orchestra pit, the versatility of this small independent organisation is apparent in the variety of work undertaken - re-

ording sessions, opera, ballet, television, festival appearances and public concerts etc. Artists that have appeared recently with the orchestra include Carlo Rizzi, Charlotte Church and Leslie Garrett (television), Dame Gwyneth Jones, Dennis O'Neill and Jason Howard (Swansea Grand Theatre televised centenary concert), Bryn Terfel, Shân Cothi, Rebecca Evans and Leah Marian Jones (Gala concerts and television series); there was even a sell-out concert with the "Bootleg Beatles". Tickets cost £6

The Festival continues on **Saturday 30 June 2007 at 7.30 in the Parish Hall** with an evening of inspiring music. **Bethesda Choir** started when some of the chapel's youngsters performed in the 1985 Village Concert for Ethiopia, compered by Haydn Jones. The first of their annual Christmas charity concerts was in the late 1990s. All Dinas Powys residents were invited to participate in the choir - the Bethesda Community Choir was thus founded. Tickets cost £4.

The final event in 2007 Dinas Powys Music Festival will be the ever-popular **lunchtime Jazz**, to be held in the Lee Hall on **Sunday 1 July at 1.30pm**. This year, for the first time, the **Keith Little Band** will be entertaining. The Keith Little Band specialises in Jazz and Swing. From the era of Duke Ellington, Count Basie and the Ratpack singers such as Frank Sinatra, this exciting and entertaining Band is great for all ages and for getting people dancing. They also play 'Jump and Jive' tunes that include vocals, from the likes of Louis Jord.



**The Keith Little Band**

*"What a breath of fresh air on the Welsh Jazz scene! On his return from Europe jazz pianist and leader Keith Little has assembled a hand-picked*

*group of musicians to form his Hot Six - a new band but with a wealth of experience between them totalling centuries - and it shows. Together they are bursting with lively exhilarating jazz that is simply sheer enjoyment. Catch them where you can...."* Music Revue

Food provided by Thyme Out will be available to purchase and the bar will be open! Tickets - £6

**Tickets are now on sale from the Parish Hall, and at the Post Offices at Camm's Corner and in Station Road or by telephoning the box office on 029 2051 3114. Tickets for the most popular performances sell quickly, so book early.**

### **The 'Flicks' come back to Dinas Powys!**

As part of celebrations for the Centenary of the Parish Hall, it is planned to have a showing of two films at the Hall on the weekend of 6 and 7 October 2007. The hall was the venue for film shows in the past and it is hoped to re-create the atmosphere – at least in part.

A modern colour film will be shown on the Saturday evening, complete with ice-creams and popcorn on both occasions.

On the Sunday afternoon it is intended to have an old black and white classic - perhaps an Ealing comedy. Suggestions for both would be welcome as soon as possible, although it does depend on what is available. There is already competition among some to be usherettes (complete with torches) on that weekend!

The facility is funded by Creative Rural Communities of Cowbridge, where monthly shows are put on in the Town Hall,

Entry by ticket will cost about £3. Look out for the posters advertising the weekend.

Further enquiries from Val Hartrey on 029 2051 3274.



# CHILDHOOD MEMORIES OF A CORNER OF DINAS POWYS IN THE LATE 1940s

by Jenny Leggat

**As a little girl I lived for five years in Eastbrook House. This was just at the end of the war when the lovely old house was divided into two flats.**

They were huge – the upstairs flat had an outside staircase which entered the higher level on the Cardiff side of the house. This meant that the hall of our downstairs area was enormous – no large staircase in it at all. That has now been remedied. The garden and grounds were much larger than today. In the front garden there was a summer house backing on to a tennis court, always overgrown, which faced out to Cardiff Road. Behind this tennis court and across the whole width of the house was an orchard and a grassy area where there was also a large building – I believe a kind of potting shed. In

and forwards, the waves moved up and down and it was incredible to us small children. It had been originally in a large exhibition in London but how it ended up in Dinas or where it went afterwards, I do not know.

To the left of the driveway was the fruit garden (right up to the old wall by Celtic Green). This had tall fruit trees – pears and apples and also masses of raspberries. Here too were potting sheds. They must have been some small boy's delight, as running the length of one shed, through the intervening wall, a handy tunnel and back again, were old train tracks. To us it was a bit like a secret garden – just us and the children upstairs to run riot over all that ground.

The Scots Pine trees by the traffic

summer when a coach ended up in our front garden. Even then there was speeding through Dinas Powys! Milk was delivered – but not in cartons or bottles – it came by pony and cart. The milkman had churns in the cart and huge ladles. We had enamel jugs for him to fill daily. The pony would just politely stand while the milkman came backwards and forwards to everyone's front door.

Smells are very evocative. One smell I remember is that of the ink made up daily from powder in St Anne's School in Millbrook Road. When you progressed from Miss Hardman's class across the corridor to Mrs Scott's class, you were expected to cope with pens and ink – no pencils! I came home proudly announcing that "I am in ink now" and, by Jove, I was! My mother said I had ink everywhere – clothes, hands, face and hair.

One unusual memory I have of St Peter's Church was one summer day coming home proudly clutching a tennis ball. It was just after the war and toys were few and far between. The Tennis Club must have had its championships and that Sunday all the children at Church came home with a ball, a really prized possession. They were idyllic days spent wandering over the old hump-backed bridge and the Murch, picking meadowsweet in the fields where Valley View now stands and having it eaten by the goats you met there.

It wasn't always sunshine – deep snow in 1947 and very noisy thunder storms – but those childhood years in Dinas Powys form very special memories for my sister and myself. I know some of my late mother's closest friendships were made here and lasted until her death. Dinas Powys and its people are special – both then and now.



**Eastbrook House – the Pine trees can just be seen on the left**

here was a fantastic object – a large sea scene complete with waves and boats and, remembering it, I seem to recollect that it must have been about 10 foot long, 5 foot high and probably 5 foot deep. Mr Lester Morgan (I think he was a naval captain) made it work. It was an automaton and the ships moved backwards

lights opposite the Infants School were originally within the grounds of Eastbrook House. Once the railway was built and Cardiff Road created Eastbrook House, apparently, lost some of its land. There were no traffic lights and the bend was much sharper. In fact, many accidents occurred, including a fatal accident one

# USE OUR POST OFFICES!

In Dinas Powys we are fortunate to have two Post Offices serving the community. But do we always use the wide range of services that are offered over the counter? For example did you know that you can tax your car at the Village Post Office?

Services provided include

## POSTAL SERVICES:

Recorded delivery - for signature on delivery – no extra security in the posting  
Special delivery/registered post –next day delivery

Certificate of posting – free – merely confirms receipt of posting and may make it possible to trace a lost package  
Ready stamped packaging

Air mail letters and envelopes

Local collection of undelivered mail and packages

**PENSIONS and ALLOWANCES** – payment of:

Retirement pension.

Family allowance

Carers allowance

Winter fuel payment

Disability allowance

War service pensions

**PAYMENTS** - for state services and public and private utilities:

**CAR TAX** (issued at the Village PO only) and paid for by cash, cheque or by saving stamps (this latter allowing staggered payment)

Fishing permit

Council Tax – paid in full or by instalment via a swipe card

Water rates - paid in full or by instalment via a swipe card

Inland Revenue

Gas – payable at PO by cash or cheque

Telephone – payable at PO by cash or cheque

SWALEC

Instalment schemes for gas and telephone are available on application to the utility and can also be paid at the PO

**BANKING SERVICES** on behalf of Alliance and Leicester, Barclays, Cahoot, Cooperative, Lloyds banks and Nationwide flexi-account.

These services are free for customers of these banks -

Pay in both cheques and cash

Cash cheques

**FOREIGN CURRENCY** – commission free

Euros on demand and 24 hour delivery for other foreign currency

## TRAVEL SERVICES

American express travellers cheques – at present commission free

Overseas travel insurance – issued 'on demand' at certain PO – including both offices in Dinas Powys

Buy back service for surplus currency

A form to apply for a passport is available and a Passport can be obtained at

certain Post Offices

E111 card as evidence for NHS equivalent health care when travelling in EC countries – form available at the Post Offices

**NATIONAL SAVINGS** – details available at PO, for example ISAs, Saving certificates, Premium Bonds

**TELEPHONE CARDS** can be purchased for phoning family and friends overseas at favourable rates

## AND

The Post Offices hold a wide range of advice leaflets for the DSS and other government departments.

In addition both local offices in the village sell useful goods such as stationery and in the case of the Murch a range of clothing - and both offer Lottery scratch cards.

**Mrs Anne Hosgood at the Village Post Office:**

**Open 9.00 - 1.00 and 2.00 - 5.30 Monday to Friday, 9.00-1.00 on Wednesday and 9.00 -12.30 Saturday**

**Mr Graham Russell at the Murch:**

**Open 8.30 - 5.30 Monday, 9.00 - 5.30 Tuesday, Thursday and Friday, 9.00 – 5.00 Wednesday and 9.00 - 12.30 Saturday**

**THE POST OFFICE  
USE IT OR LOSE IT!!**

If you, or anyone you know, would be glad of the help and support we can offer - please contact us in the Resource Centre on

029 2051 3700

or write to:

**Dinas Powys Voluntary Concern  
Murchfield Community Hall  
Sunnycroft Lane  
Dinas Powys  
CF64 4QQ**

Email on: [dpvc@waitrose.com](mailto:dpvc@waitrose.com)

**Or you could just call in the office between 9.30 and 12.30 on any weekday morning. You will be sure of a warm welcome.**

Have you recently retired, are the children at school, or do you just want to give something back to your community - driving, office work, befriending, gardening etc? If so - **would YOU like to be a volunteer? We would be delighted to hear from you.** Telephone, write, or just visit us in the office. You will make new friends and would certainly gain satisfaction from a job well done.

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## YOUNG DEPEND

WORDSEARCH No 8 (Age 8 - 14 years)

Find 10 signs of Spring.

E	L	E	L	O	P	D	A	T	P
D	A	F	F	O	D	I	L	S	R
B	W	S	U	H	O	Y	N	D	I
I	N	V	T	A	S	I	J	U	M
R	M	R	A	M	K	O	G	B	R
D	O	W	K	T	R	H	L	G	O
N	W	T	A	C	O	E	B	J	S
E	E	C	X	F	I	M	G	T	E
S	R	E	N	E	D	R	A	G	S
T	B	L	U	E	B	E	L	L	S

Return your answers by mail to:-

**Dinas Powys Voluntary Concern**

**Murchfield Community Hall**

**Sunnycroft Lane**

**Dinas Powys**

**CF64 4QQ or Email on [dpvc@waitrose.com](mailto:dpvc@waitrose.com)**

Please include your name, address, age and telephone number with your entry

We invite contributions to this page from anyone under 18 - for example, a short story, poem or an event you saw or took part in - or even a wordsearch. The last winner was Elis Richards of Dunraven Close— Congratulations, Elis!